CLUB CONSTITUTION: Apex Boxing Academy

1. Name

The club will be called Apex Boxing Academy and will be affiliated to England Boxing.

2. Aims and objectives

The aims and objectives of the club will be to:

- Offer coaching and competitive opportunities in boxing.
- Promote the values of hard work, discipline, and respect for self and others.
- Promote the club within the local community of the Isle of Sheppey and surrounding areas.
- · Provide activities that are affordable to the local community.
- Promote and encourage healthy lifestyles
- Provide a positive alternative to crime and anti-social behavior.
- Ensure a duty of care to all members of the club.
- Ensure that all present and future members receive fair and equal treatment
- Apex boxing academy will ensure ALL of its members are treated fairly and respectfully regardless of; Ethnicity, age, sex or gender

3. Membership

Membership should consist of officers and members of the club. All members will be subject to the regulations of the constitution and by joining the club will be deemed to accept these regulations and codes of practice that the club has adopted.

Members will be enrolled in one of the following categories:

- full member
- associate member
- junior member
- life member

4. Membership fees

Membership fees will be set annually and agreed by the Executive Committee or at the Annual General Meeting. Fees will be paid: monthly/weekly by subscription.

5. Officers of the club

The officers of the club will be:

- Chair Kyle Rayner
- Honorary Secretary Natasha King
- Treasurer Minnie Pieri
- Fixtures Secretary Kyle Rayner
- Publicity Officer Nicholas Pieri
- Volunteer Coordinator Fiona Pearman
- Club Welfare Officer Lloyd Allibone

Officers will be elected annually at the Annual General Meeting. All officers will retire each year but will be eligible for re-appointment.



6. Committee

The club will be managed through the Executive Committee consisting of: Kyle Rayner, Natasha King, Nicholas Pieri, Lloyd Allibone, Minnie Pieri and Fiona Pearman. Only these posts will have the right to vote at meetings of the Executive Committee.

The Executive Committee will be convened by the Secretary of the club and held no less than 4 times per year.

The quorum required for business to be agreed by the Executive committee.

Committee meetings will be: 4 times per year

The Executive Committee will be responsible for adopting new policy, codes of practice and rules that affect the organisation of the club.

The Executive Committee will have powers to appoint sub-committees as necessary and appoint advisers to the Executive Committee as necessary to fulfil its business.

The Executive Committee will be responsible for disciplinary hearings of members who infringe the club rules/regulations/constitution.

7. Finance

All club monies will be banked in an account held in the name of the club.

The Club Treasures will be responsible for the finances of the club.

The financial year of the club will end on: October

An audited statement of annual accounts will be presented by the Treasurers at the Annual General Meeting.

Any cheques drawn against club funds should hold the signature of the Treasurer.

8. Annual general meetings

Notice of the Annual General Meeting (AGM) will be given by the Club Secretary. Not less than 21 clear days' notice to be given to all members.

The AGM will receive a report from officers of the Executive Committee and a statement of the audited accounts.

Nominations for officers of the Executive Committee will be sent to the Secretary prior to the AGM.

Elections of officers are to take place at the AGM.

All members have the right to vote at the AGM.

The quorum for AGMs will be 3

The Executive Committee has the right to call Extraordinary General Meetings (EGMs) outside the AGM. Procedures for EGMs will be the same as for the AGM.

9. Discipline and appeals

Where applicable the procedures laid down within the England Boxing Discipline & Appeals Procedures will be adhered to.

All complaints regarding the behaviour of members should be submitted in writing to the Secretary.

The Executive Committee will meet to hear complaints within 28 days of a complaint being lodged.

The outcome of a disciplinary hearing should be notified in writing to the person who lodged the complaint and the member against whom the complaint was made within 14 days of the hearing. [See England Boxing Discipline Flow Chart]

There will be the right of appeal to the Executive Committee following disciplinary action being announced. The committee should consider the appeal within 28 days of the Secretary receiving the appeal. [See England Boxing Discipline Procedures & Discipline Flow Chart]

10. Dissolution

A resolution to dissolve the club can only be passed at an AGM or EGM through a majority vote of the membership.

In the event of dissolution, any assets of the club that remain will become the property of: the local community.

11. Amendments to the constitution

The constitution will only be changed through agreement by majority vote at an AGM or EGM.

12. Declaration

Apex Boxing Academy hereby adopts and accepts this constitution as a current operating guide regulating the actions of members.

SIGNED: K Rayner NAME: Kyle Rayner POSITION: Club Chair

SIGNED: N Rayner NAME: Natasha Rayner POSITION: Club Secretary

SIGNED: N Pieri

POSITION - Publicity Officer

SIGNED: L Allibone

POSTION - Club Welfare Officer

SIGNED - K Rayner

POSTITION: Fixtures Secretary

SIGNED: F Pearman

POSTITION: Volunteer Coordinator

SIGNED: M Pieri POSTITION: Treasurer

13. Venue and facilities

Prior to affiliation, clubs should ensure their premises meet the minimum requirements for setting up an amateur boxing gym. Before your club is able to affiliate, it will need to be inspected by a representative from your division.

Until your premises have been inspected and passed, your club cannot be affiliated and is not covered by ABAE insurance.

Premises

- Premises should be of an adequate size
- There must be separate and adequate changing and toilet facilities for both male and female members
- The premises must have sufficient fire exists and extinguishers

To ensure that the venue and equipment are safe and 'fit for purpose', it is a good idea to perform a <u>risk assessment</u>. This is a check of facilities, equipment and safety procedures to ensure that they comply with the standards expected by ABAE. Undertaking a risk assessment is also a good means of preventing accidents by making sure activity delivery and safety provision are checked on a regular basis by the club. If risks or hazards are identified they should be reported.

Equipment

- There must be a minimum of four punch bags
- There must be at least four sets of punch bag gloves
- If using a dedicated premises, there must be a permanent training ring on site, minimum size: 12x12 feet
- If the premises are shared and you need to put up your equipment each time you use them, you will need a portable training ring, minimum 12x12 feet
- The ring must have four corner posts, four sets of ropes and the inside floor of the ring must have protection to a minimum of 1" thick foam and canvas
- You must provide skipping ropes and head guards (which must have the AIBA stamp)
- You must encourage members who are sparring to buy their own groin guards, as these are personal training items
- You must provide 10oz AIBA-approved gloves for sparring purposes